



PARENT CODE OF CONDUCT

- Help us to keep your child safe by encouraging them to learn the rules about safety and acceptable behaviour and to participate within them;
- Help your child to recognize good performance, not just results. Praise your child for effort and achievement, never punish or belittle a child for poor performance or making mistakes;
- Always ensure your child is dressed appropriately for the activity according to our Dress Code Policy;
- Keep us informed if your child is ill or unable to attend sessions and notify the club of pre-existing injuries or illness;
- Ensure children arrive and are collected on time. We request that parents/guardians accompany children to reception **5 minutes before** their scheduled class and pick up **promptly** after class;
- Please ensure that your child's coach is present; *There may be an instance where RGC has to cancel a class on short notice and are unable to get hold of a parent/guardian and children are dropped off outside the gym unaware of class cancellation*
- Never leave your child before the session begins, as the coaches' duty of care starts when their class begins;
- Do not take any pictures and videos of the gymnasts or coaches during training sessions;
- You are welcome to stay and observe the class in the viewing gallery, but **must** refrain from intervening with discipline or coaching unless your help is requested. Any parent interrupting the session may be refused access to the viewing area;
- No parent will be allowed to coach their own child at RGC;
- For your child's protection, training sessions are NOT open to family friends or further family without authorisation from the club This is to minimise the safety risk of unauthorised visitors to the viewing gallery. Parents/Guardians are requested to **sign in at reception before entering** the Montgomery room or viewing gallery. *The club organises club events where everyone is welcome and family friends and further family members may attend these. Although RGC endeavours to keep all children safe and secure, we cannot accept liability for any incidents that may occur*
- Use appropriate verbal and body language at all times. Swearing, offensive language, aggressive or offensive behaviour will not be tolerated by RGC;
- All session fees, Membership fees and insurance must be paid before your child is allowed into a class. Gymnasts will **NOT** be allowed to participate if fees are not paid. RGC Annual Club Membership fee must be paid to secure your child's place in the class. The Membership fee is **NOT** refundable;
- If a parent's use of social media is considered to be derogatory, discriminatory, bullying, threatening, defamatory, offensive, intimidating, harassing, creating legal liability for RGC, bringing RGC into disrepute, breaching the Code of Conduct policy or any other policy set out by RGC, British Gymnastics and Gymnastics Ireland then RGC may refuse and or cancel your membership with immediate effect. This may include comments, videos, or photographs, which have been posted on social media sites about RGC, members, work colleagues or managers.